



**FRAUEN
GESUNDHEITS
ZENTRUM**

MEDIZINISCHE UNIVERSITÄT
INNSBRUCK

**Prevention for everyone:
does preventive medicine also
reach our immigrants?**

Univ.-Prof. Dr. Margarethe Hochleitner

Austria has a semi-state health system covering medical care for nearly everybody, especially for all our immigrants.

A lot of the prevention programmes provided are also covered by insurance.

AUSTRIA



Go Red
for women

How do you go red?

American Heart Association
WORLD HEART FEDERATION



WORLD HEART FEDERATION

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World Heart Day
26 September 2010

Workplace Wellness: Take responsibility for your own heart health

Go Red for Women
Children & youth
Preventive heart disease
Tobacco control
Workplace Wellness
Advocacy
Dissemination projects
World Congress of Cardiology Scientific Sessions

Donate Now
Submit your plans of activities and profile them on our website

Highlights of Workplace Wellness programmes around the world



**VOLKSBEGEHREN
NICHT
RAUCHEN
IN LOKALEN**

WIE KANN ICH MEINE UNTERSTÜTZUNGSERKLÄRUNG FÜR DAS VOLKSBEGEHREN GÜLTIG EINBRINGEN?

1. ONLINE AUSFÜLLEN
2. ERKLÄRUNG AUSDRUCKEN
3. ZUR GEMEINDE BRINGEN UND UNTERSCHREIBEN LASSEN
4. VOR BEAMTEN UNTERSCHREIBEN LASSEN
5. AN UNS SENDEN

UNTERSTÜTZUNGSERKLÄRUNG
UNTERSCHRIFT ZÄHLT SCHON ALS STEINE FÜR DAS VOLKSBEGEHREN

JETZT SPENDEN DANKE

Kein Miteinander durch Trennung - Nicht Rauchen...



smokefree.gov

Quit Smoking TODAY!
we can help

What do you think?
What's your worst withdrawal symptom?

Get started...

- Use the Step-by-Step Quit Guide
- Talk to an Expert
- Find Tools to Help You Quit
- Learn About Topics Related to Quitting

Send a Smokefree e-card
Map
Learn about smoking in your state using

Prevention programmes start at the family doctor's, where no interpreter is provided. Furthermore, there are a lot of out-hospital prevention activities, BUT all are in German.

PREVENTION PROGRAMMES

Screening Checks



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Questionnaire on access to health care for immigrants*

Question	Yes	No
Did you go to your family doctor more often at home?	46.8%	53.2%
Did you go to the hospital more often?	31.8%	68.2%
Did you have more therapeutic offers at home?	61.0%	39.0%
Do you feel discriminated as compared to Austrians?	43.8%	56.2%
Would these problems be solved by having an interpreters service?	64.9%	39.1%
Do you feel you are treated the same as Austrians when accessing the healthcare system?	56.7%	43.3%

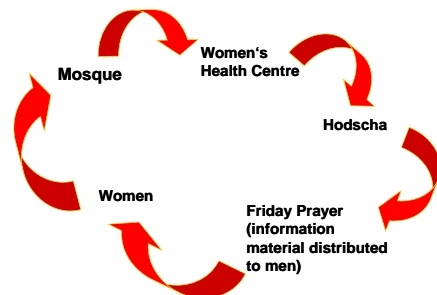
*study population: 912 participants (344 women, 568 men)
 *study venue: Innsbruck University Hospital

- 3/4 have problems accessing health care
- 2/3 want interpreter services



- Prevention programmes for immigrants
- Mosque programme for Turkish women

Mosque Programme: Circular Distribution Pattern



Mosque programme

FRAUENGESUNDHEITSCENTRUM
an der Medizinischen Klinik Innsbruck
Saglik Ekibimiz:

Nuray Berkman, Pinar Gokel, Elvan Gokel, Nuray Akbulut, Merve Akbulut, Hilmiye Gokel-Berkman, Deniz Gokel, Pinar Gokel

Frauengesundheitsbüro
des Landes Tirol

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NO

- As long as we have parallel societies, we have to prepare parallel prevention programmes. Otherwise, we will not reach our immigrants.

THANK YOU FOR YOUR ATTENTION

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